

# Herbal Roots *zine*



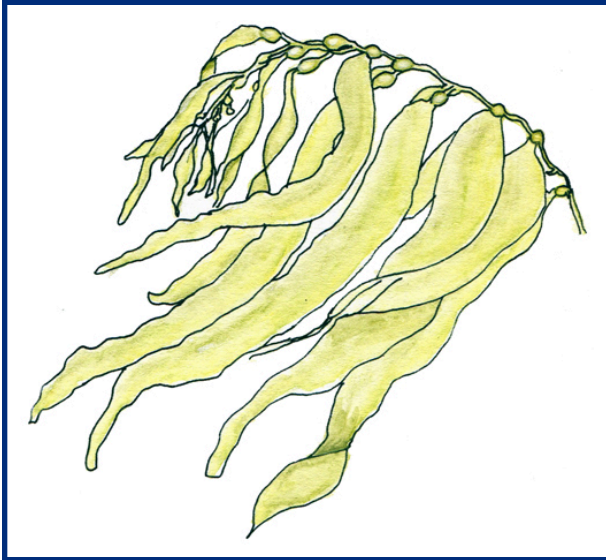
2012

WALL CALENDAR

Planting a Seed of Knowledge for a  
Lifetime of Herbal Wisdom

[www.herbalrootszine.com](http://www.herbalrootszine.com)

# JANUARY 2012



Kelp  
*Laminaria longicruris*, *Macrocystis pyrifera*, *Nereocystis leutkeana*  
Laminariales Order  
(multiple families)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# FEBRUARY 2012



Birch  
Betula spp.  
Betulaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

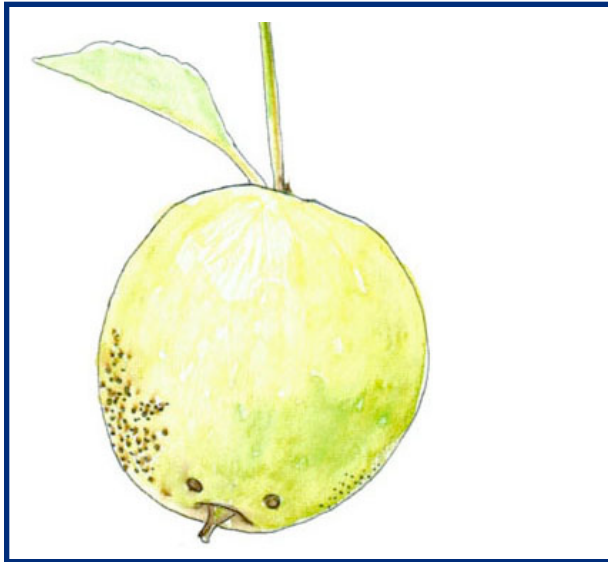
# MARCH 2012



Cleavers  
Galium spp.  
Rubiaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

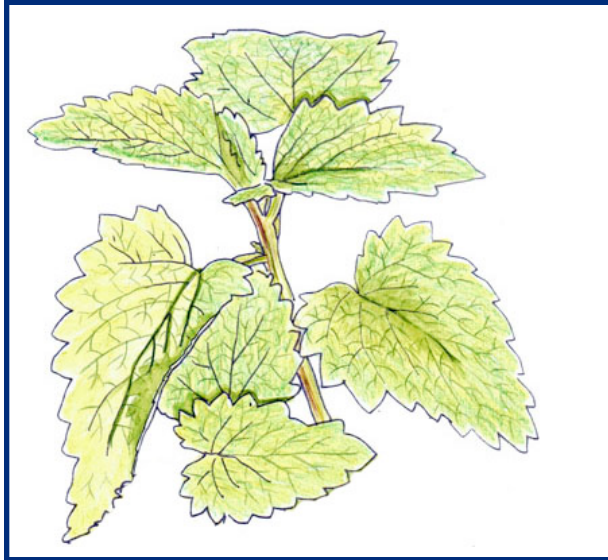
# APRIL 2012



Apple  
*Malus domestica*, *M. communis*  
Rosaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# MAY 2012



Catnip  
*Nepeta cataria*  
Lamiaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# JUNE 2012



Thyme  
*Thymus vulgaris*  
Lamiaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

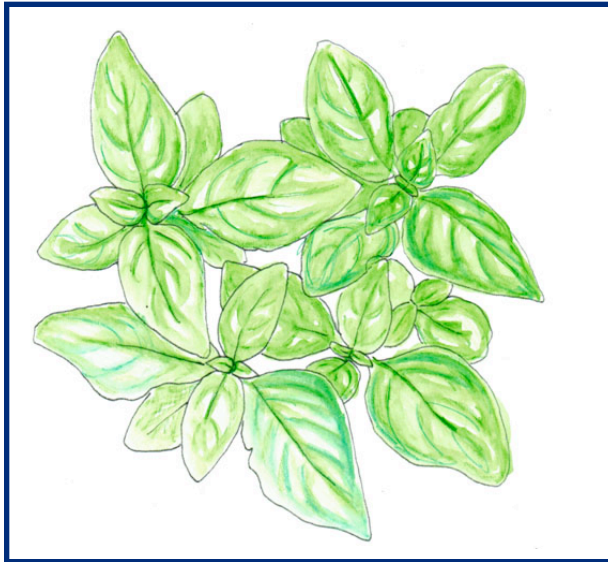
# JULY 2012



Oats  
*Avena sativa*  
Poaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# AUGUST 2012



Basil  
*Ocimum basilicum*  
Lamiaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# SEPTEMBER 2012



Prunella  
Prunella vulgaris  
Lamiaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# OCTOBER 2012



Sumac  
*Rhus aromatica*, *R. coriara*,  
*R. typhina*  
Anacardiaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

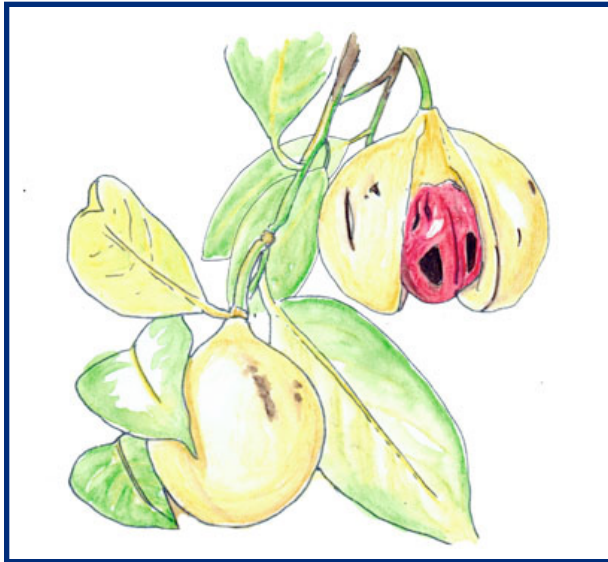
# NOVEMBER 2012



Cranberry  
*Vaccinium* spp.  
Ericaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

# DECEMBER 2012



Nutmeg  
*Myristica fragrans*, M. spp.  
Myristicaceae family

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					